



Artistic Gymnastic Competition Rules / Guidelines

Artistic gymnastic competitions are governed by the AMERICAN SOKOL TOURNAMENT RULES. A copy may be found elsewhere in this Manual and **should be carefully reviewed for additional guidelines, rules, procedures, practices, etc. associated with the conduct of the Slet & Festival gymnastic competitions not given here.**

Any bona fide member of the American Sokol or other Sokol organizations shall be eligible to enter the National Slet and Festival gymnastic competitions.

For purposes of entering individuals in age group related competitive levels, the individual's age on the date of Opening Ceremonies – June 22, 2017 - shall be used.

A combination of USA Gymnastics Level divisions/routines and some traditional Sokol levels will be used. **See the 'Competitive Age Group/Divisions/Exercises' section in this manual for a list of the competitive levels available and how to obtain USAG routines.** Only Sokol routines will be included in this manual. Competitors should be placed in the level/class which best reflects their ability level. **See section I (3) CONTESTANTS' CLASSIFICATION/ADVANCEMENT** for information on advancement.

TEAMS:

- For all levels/age groups, teams will consist of all the competitors in each age group/competitive level from a given unit/lodge. The team score shall be the accumulation for all events of the top 3 scores on each event. A separate entry fee will be charged for participation in each team competition. **THERE WILL BE NO CHILDREN'S TEAMS FOR THIS EVENT.**
- For the purpose of forming Junior teams, competitors from both junior age groups (12-14 & 15+) will be combined and considered as a single age group.
- For the purpose of forming Adult's teams, competitors from all five age groups (17-24, 25-34, 35-49, 50-59, 60+) will be combined and considered as a single age group.

CLOSING CEREMONIES PARTICIPATION:

- ALL SOKOL CHILDREN AND JUNIORS SHALL TAKE PART IN THEIR AGE APPROPRIATE CALISTHENICS IN THE SPORTS FESTIVAL CLOSING CEREMONY EXHIBITION. Violation of this rule shall forfeit the contestant's individual placement and placement of their team in the meet. Inability to comply must have the approval of his Unit, District and National Directors.
- Adult competitors are not required but are strongly encouraged to take part in the Sports Festival Closing Ceremonies (Exhibition).



ARTISTIC GYMNASTIC COMPETITION

Page 2 of 1