



FITNESS CHALLENGE

This competitive event is open to all Sokols of all ages from children through adults.

The results are tabulated and the participants are “placed” based on their achieved scores (normal Slet awards will be presented immediately following the completion of the age based session). Competitive Age Group Divisions will follow the Tournament Rules:

Girls 6-8; Girls 9-11; JG 12-14; JG 15+; W 17-24; W 25-34; W 35-49; W 50-59;
W60+
Boys 6-8; Boys 9-11; JB 12-14; JB 15+; M 17-24; M 25-34; M 35-49; M 50-59;
M60+

This competition involves four events which result in an all around score