

AMERICAN SOKOL - BOI
Minutes of February 10, 2010 Meeting

This meeting opened at 7:35 p.m. by Br. C. Kalat at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was given. The following BOI members were present: Mary Cushing, Bev Domzalski, Maryann Fiordelis, Allison Gerber, Chuck Kalat, Jan Kalat, Barb Kucera, Juanita LoGiudice, Kandi Pajer, Tom Pajer, Irena Polashek, Donna Sbriglia, Barb Vondra, Howie Wise, Jane Wise and Christina Wurst. Excused: Bob Kucera, Nancy Pajeau and Patti Vondra.

ANNOUNCEMENTS:

- Happy Birthday: Bud Benak, 2/11; Mary Cushing, 2/14; Christina Wurst, 2/16; Patti Vondra, 2/25.
- Congratulations! Babi Allison Gerber, grandson born Evan Avid Melton, 8 lbs., 12 oz., 1/19, daughter, Shelley Cairns.
- Happy Valentines Day, Lincolns Birthday, President's Day, Mardi Gras (Fat Tuesday) and Washington's Birthday!

MINUTES:

- Minutes of the January 13, 2010, meeting were reviewed.
- MOTION made by Bro. T. Pajer to approve the minutes of the January 13, 2009, American Sokol BOI meeting, seconded and passed.

BILLS:

- Sokol Tabor, Winter Slet bill, \$500.00.
- Crown Trophy, 500 Skills Participation Pins, \$451.00.
- Juanita LoGiudice, supplies and postage, \$18.03.

MOTION made by Bro. T. Pajer to approve bills, seconded by Sis I. Polashek and passed.

CORRESPONDENCE:

Mail Sent:

- Letters to American Sokol District and Unit Directors and Sokol USA Directors about WSF Fitness Competition.

Mail Received:

- COS December, 2009 and January 2010 Sokol Magazines.
- Various American Sokol Unit newsletters.
- Orders and payment (total \$20.00) for 2009 Slet DVD package from Marlene Pechman of Sokol Minnesota.
- Council of Higher Education, Scholarships available to Czech, Slovak and Ruthenian descent. Renewals also available; April 1st deadline; pass on information, www.councilofhighereducation.scholarshipamerica.org and www.cheonline.org.
- Paul Lebloch, submitted article for publication of the 2012 All Sokol Slet in Prague; forwarded to Jean.

E-mails sent:

- Minutes and Updated Action List Posted, January, 2010, www.american-sokol.org/boi/members.
- Correspondence Report for 2/10/10 meeting.

E-mails received:

- Chuck Kalat, Meeting Agenda and February Directors Newsletter, looking for uniform designers and Rome Milan responded.
- Pat Sakek, updated Merit Award Application and forwarded to Barb Kucera.
- Jean Hruby, Gary Masek new work e-mail, Gary@SokolOmaha.com.
- Sokol KHB, Chicagoland, Cedar Rapids, Naperville Tyrs, & Central District reported Skills Month participation.
- Slovak Slet Invitation, Trecin, June 24-27, 2010, www.sokolnaslovensku.sk.
- Sokol San Francisco, new address is P.O.Box 5252, Walnut Creek, CA 94596-9998; New Directors: Men, Milos Zivny, 10815 Breed Ave., Oakland CA 94603 and Women, Eva Folke, 18 Marques Place, Danville, CA 94626.
- Sokol Los Angeles, new address for Men's Director, Otto Notzl, 8891 Watson St #101, Cypress CA 90630.
- Sokol Minnesota, new Men's Director, Mary Cahill, 2191 Douglynn Ln, St. Paul MN 55119 and Women's Director remains Alisa Hollibush.
- Sokol Baltimore, Director, Renee Harrison, 231 Ridge Ave, Towson, MD 21286.
- Jean Hruby, Jr. Women's Czech National Ice Hockey Team arriving in Chicago Mar 18th. Can we help?
- Tom Pajer, camp information posted on web site.
- Howie and Jane Wise, e-mailed Instructor School information to the office to be sent out to Directors; project this week.

YOUTH MEMBERSHIP:

- Reviewed the attached Youth Committee Status Report dated February 10, 2010, and Youth Membership Account Transactions.
- MOTION made by Sis. B. Kucera to approve the bill as stated in the written report in the amount of \$304.47, seconded by Sis. M. Fiordelis and passed.
- Discussion followed concerning the lateness of youth membership numbers, fees and reports coming in. It is not good for the youth to wait for newsletters and other materials to reach them in the middle of the Sokol season and to miss out on important information.

NEW UNIFORM PROJECT

- Sis. M. Fiordelis reported a meeting was held just prior to this meeting. Design request letters have gone out. The deadline is 2/28/10. They are working on vendor requirements. Will have something ready for convention, but will keep the BOI advised as progress is made. The next meeting is March 3, 2010.

2010 NATIONAL INSTRUCTORS SCHOOL

- Sis. Wise e-mailed everything to Sis. LoGiudice for distribution to the directors. She received two inquiries so far looking for information. School information has been sent to Bro. Pajer to post on the web site.
 - Sis. Cushing is continuing to work with the staff. The new guidelines book is just about finished.
- Sis. M. Fiordelis questioned the course that is being advertised for Western District. Felt the advertising was inappropriate.
- The Western District course is supposed to be different from the National Course. Many are concerned that those who attend the Western District course may think it is the same as the National course, but it is not.

- Sis. A. Gerber will get more information about the Western District course, which is still in the planning stage, at their next meeting on March 6, 2010.
- It needs to be understood that if you attend a District course, it does not take the place of attending a National Course.
- Since there is a problem getting people to travel to the course and camp wherever it is being held, maybe we should look into getting a travel grant for this purpose. Bro. Kalat will request Greg Harris to do research for funds for the Course.
- No bids have come in for the 2011 National Instructors School. The deadline was February 1, 2010. A new deadline is set for April 1, 2010.
- Sis. D. Sbriglia is working with Eastern District units to get their youth membership registration in.

2010 NATIONAL SOKOL CAMP

- A flyer was placed in the Directors Newsletter and posted on the web site. Ten-year anniversary promotions are in place. There are a lot of discounts available for camp. There will be a camp staff meeting 2/12-14/10 with Lori Laznovsky, Peter Lattanzio and Tom Pajer.
- The camp is scheduled for August 1-8, 2010 in St. Louis, MO.

OTHER OLD AND NEW BUSINESS:

Camp/School Promotion Video and Mailing

- A DVD should be ready advertising the course, National Instructors School, National Sokol Summer Camp and traveling camp. All material is with Lynette Gilbert, who is preparing the DVD. The DVD should be ready in approximately two weeks. The DVDs will be mailed to all youth between the ages of 12 and 17 and to all directors. There will be about 350 mailings that need to get out; the deadline for early bird camp applications is April 1, 2010. The camp staff will discuss pushing the deadline a little later. A lot of the incentives are tied to early bird registration.
- Paperwork being mailed will be limited; perhaps a cover letter with the DVD. Registration information will be available on the web site and everyone will be directed to the web to get it.

Winter Slet

- There was a small contingent from Cleveland and St. Louis. There were a couple of guests.
- Participants: Bowling, 31 (Sokol Spirit had 12-13 Juniors); Saturday Bags Tournament, no one showed up; Sunday Volleyball, 42 players (6 teams) with a prize (Sokol souvenirs) for everyone and the winning team received a volleyball. Sis. I. Polashek cooked food. The bags tournament, hillbilly golf and ping-pong was going on downstairs while volleyball was upstairs. Also, want to thank, Juanita LoGiudice, Jan Petkus, Matt Carlozzi and Howie Maskill; Tom Hartwig for helping with the volleyball and Irena Polashek for helping with the food.
- We took in \$2,125.00; after expenses we were ahead by \$320.00.
- The Winter Slet needs to be marketed a little more to get more people to attend.

2010 WSF Fitness Testing Program

- Sis. J. Wise reported that the information was sent out to all District and Unit Directors. The deadline is April 1, 2010.

WSF Show Program

- The entry deadline is April 15, 2010. Central District's Special Number Competition is on April 17, 2010. Br. C. Kalat requested that special numbers in the Central District be videoed at Exhibitions rather than waiting for the Special Number Competition. Bro. Kalat will ask for an extension to April 26; we would ship our DVD out overnight on April 25.

- Sokol Greater Cleveland is not sure at this time whether they will have a number to submit. Western District and Eastern District did not think they would have anything to submit this year, but may use something from this year to send next year.

Strategic Planning Committee Progress Report

- Sis. M. Fiordelis gave a brief summary of the SPTF teams.
- The Organizational Development Team continues to meet weekly in preparation for the convention.
- The Strategic Planning Task Force will be meeting sometime this month to talk about the start-up of the Communication and Marketing Team and the Leadership Development Team.
- The Finance Resource Guide will be ready for viewing by the SPTF soon.
- The Implementation Team is also looking to do presentations at the convention.
- It has been over a year since the Fitness Program and other core programs were distributed to Units. Bro. Pajer feels we should poll our Units for feedback on how this is working and if they are actually using these programs. Bro. Kalat will work with Maria Breidenbach to develop a Survey Monkey survey via e-mail about this.

ASO National Convention – April 20-25, 2010

- Bro. C. Kalat has prepared a 4-year BOI Budget. This should be approved by the District Directors either electronically or at the convention.
- The American Sokol Executive Board has started a committee with the Financial Secretary and the Treasurer to start working on developing budget plans to be presented at the convention including income sources.
- The BOI delegates should let Bro. Kalat know what other committee they want to be on other than the BOI because at the last convention the BOI delegates were assigned to committees since the BOI committee is done before the convention starts.
- The BOI committee needs to arrive in Omaha on Monday night for meetings to begin on Tuesday morning.

Directors Newsletter

- Everyone on the National BOI will now get the Directors Newsletter by e-mail.
- Central District is going to do a small campaign to get more people to take it by e-mail.
- Anyone is welcome to make a donation to the Directors Newsletter.

District Slets, Schools, Camps, etc.

- Kevin Fitzpatrick is now the coordinator for the traveling camp. He has the list of staff members.
- Districts were asked if there is an interest in holding a camp at any of their units.

Other

- Sokol Greater Cleveland is going to host the Directors Conference in October. The dates will be October 16-17, 2010.
- At this time, no one is interested in attending the Polish Falcons Volleyball Tournament in March, 2010.
- Duck & Shoot wants \$150 to purchase DVD of 1,000 pictures taken at ISCF/Slet. MOTION made by Sis. B. Kucera to purchase the DVD for \$150, seconded by Sis. C. Wurst and passed.
- Sis. M. Cushing requested a staff meeting for the upcoming National School in May, 2010. There is \$500 available in the budget. MOTION made by Bro. H. Wise to hold a school staff meeting in May, 2010, in Cleveland, OH, seconded by Sis. B. Kucera and passed.
- Sis. J. LoGiudice picked up the skills pins that Bro. Pajer ordered and they will be sent out to units who participated in Skills Testing.

- Sis. B. Vondra is still working on going to Portugal for the 2010 Golden Age Festival in, October 3-8, 2010; age 50+. If interested contact Sis. Vondra. Cost should be under \$2,000. Information is available at www.goldenage2010.webnode.com/about-us.
- Sis. J. LoGiudice announced American Airlines has \$39 air fares. Chicago to Omaha is \$39, return is \$69. Southwest may also have low rates. Sis. LoGiudice should ask Sis. J. Hruby to send out an e-mail to all delegates about this.
- Central District held a very successful GIJO gymnastics meet. They are looking for gyms in Illinois to hold more than one meet. We might contemplate doing this. It was financially successful for Central District; raised approximately \$3,500.
- Sokol Times January 14, 2010 issue had a great article by Chris Yatchyshyn about our District Director's Conference held in October, 2009.

Websites

- Sokol General Fitness exercises, www.american-sokol.org/boi/sokolfitness.
- Physical Activity Guidelines for Americans, www.health.gov/paguidelines/blog.
- Prevention: www.prevention.com.
- American Council on Exercise: www.acefitness.org.
- PE-NEWS: Newsletter: www.pelinks4u.org.
- PE4life: www.pe4life.org.
- The Presidents Challenge: Fitness is Fun Newsletter: www.presidentschallenge.org.
- Health & Fitness: www.exercise.about.com.
- President's Council on Physical Fitness and Sports: www.fitness.gov.
- Sign up for newsletters: www.talk.about.com
- Tiffin Mats: www.TiffinMats.com, monthly specials.
- Ten-o/GMR, www.ten-o.com or www.byGMR.com, monthly specials.
- DGS 9.9 www.gymsupply.com.
- Gymnastic Training tips: www.gymnasticstrainingtips.com. Links and Resources.
- American Alliance for Health, Physical Education, Recreation and Dance, www.aahperd.org.
- Information about Brain Fitness, www.brainconnection.com.
- Interesting games video article, www.skillastics.com.
- Improve fitness and nutrition habits, www.pejournal.com.

BOI ACTION LIST

- Action list was reviewed; an updated copy is posted on the BOI members' web site.
- The next regular ASO-BOI meeting will be held on Wednesday, March 10, 2010, at 7:30 p.m.

There was no further business to discuss.

MOTION made to adjourn.

Meeting adjourned at 9:45 p.m.

Respectfully submitted,
Beverly R. Domzalski, Secretary