

2015 – 2016 Male Gymnastics Report

In July 2016, USA Gymnastic unveiled the new Male Artistic Gymnastics routines for the 2016 – 2020 Quadrium. As Central District Men's Director, I have obtained a copy for consideration to use for our 2017 National Slet and Sports Festival.

Bro. Howie Wise and myself have reviewed both the new routines and our existing Sokol Level 2 and Sokol Level 3 male Routines. We are also charged with revising the Sokol Level Male routines to reflect the progressions up to UAS Gymnastics Level 4 as an Action Item.

Once passed, these new routines will be in effect from 2016 through 2020.

Respectfully submitted

Bob Kucera