

# Central District BOI

## 2015-2016 Annual Report

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### 2015-2016 Progress

#### COMPETITIVE EVENTS:

- **TRACK & FIELD** was held on October 03, 2015 at Sokol Tabor at no charge for the use of their facility. A \$5 entry fee was collected to cover meet expenses. This event is offered to all out of state Units. Sokol Stickney was the only Unit having no participants this year. There were 29 Boys that competed which is down 4 from the previous year and we had 89 Girls compete which was up 4 from 2014. Meet Directors were Sis. Kathy Barcal and Bro. Bob Kucera. There were 26 Juniors, which was an decrease of 17 over last year and 17 Adults, which was an increase of over 7 from 2014's total. Our oldest competitor was Don Ulmer of St. Louis. Don is 83 years old. Our net profit for this event was \$807.51.
- **VOLLEYBALL** – The Men held their tournament on Friday nights from September through December at Sokol Tabor and Spirit with no charge for the facilities. We are required to submit a \$100 deposit for incidental damages that may occur at Spirit. There were 8 teams entered. Champions of the A pool were Sokol Tabor 1, while the Champions of the B pool were Sokol Tabor 2. The Meet Co-Directed by Bros. Howie Maskill and Ken Fron Jr. Our net profit for this event was \$205.50.

The Women conducted a tournament for Juniors only on Sunday November 22, 2015 at Sokol Spirit. The adult females played in the 150th American Sokol Tournament on Saturday November 14, 2015. The Juniors had 3 Junior teams with Sokol Tabor taking the title. The Meet Director was Bro. Howie Maskill. All teams paid an entry fee of \$50 to cover the meet expenses. Our net profit from this event was \$6.41.

- **BOYS WINTER COMPETITION\SKILLS EVALUATION DAY** was conducted on December 5, 2015 at Sokol Spirit with a \$100 charge for the use of the facility. There were 26 Males that competed in 6 Age Groups and 5 Skill Levels. This is up 8 competitors from the previous year. Each competitor is charged \$12 to cover meet expenses. We evaluated 11 Boys using the National Skills Program and distributed 3 achievement awards. A fee of \$2 is charged to cover award distribution. The number of evaluations conducted was down by 4 from 2014. The Meet Director for both events was Bro. Bob Kucera. The Women's Division utilizes the National Skills Program and evaluates the gymnasts within their own Units throughout the year. The Women do not charge

a fee, because each Unit supplies the achievement awards earned by the gymnast. Our net profit for this event was \$382.00.

- **RHYTHMIC GYMNASTICS** was conducted on December 13, 2015 at Sokol Chicagoland with no charge for the use of the facility. A total of 37 routines were performed using ribbon and rope. This was down 5 from the previous year. There was 1 group competing in group ribbon. The Meet Director was Sis. Lauren Beeks. A fee of \$5 per apparatus and \$15 per group was charged to cover meet expenses. Rhythmic Skills testing were conducted for Beginning Skill levels. There were a total of 8 participants, which is down 33 from last year. A \$2 fee was charged for Skills testing. Our net profit for this event was \$164.63.
- The Central District hosted an **ILLINOIS PARK DISTRICT GYMNASTIC COMPETITION (IPDGC)** titled “Snowflake Meet” on Sunday January 23, 2016 at Sokol Spirit. There were 66 Gymnasts registered from 6 park districts. Each competitor was charged \$7.00 entrance fee, as dictated by IPDGC rules. The Meet Coordinators was and Sis. Kimberly Elliott. This event involves tumbling passes only with 4 levels in attendance this year; New Comers, Beginners, Advanced Beginners and Novice. Our net profit for this event was \$167.28.
- **GIJO “TUMBLE DOWN” COMPETITION** was conducted on February 7, 2016 at Naperville Central High School. There were 106 Gymnasts from 5 Gyms that competed in 7 Age Groups and 9 Skill Levels. This is down by 7 competitors from the previous year. Each competitor is charged \$36 and Teams; both Small and Large are charged \$15 to cover meet expenses. There were 11 Teams entered. Each Competitor receives a “goodie-bag” consisting of: a T-shirt and a piece of candy wrapped in a rubber band. The Meet Director was Sis. Barb Kucera. This year our net profit was \$3,938.39.
- **CALISTHENIC and MARCHING COMPETITION** was hosted at Sokol USA Lodge 306 on Saturday, February 13, 2016 at no cost to the District. This is the District’s ONLY true Co-Ed Competition. We had a total of 43 competitors, down 31 from the previous year. There were 24 children in 3 age groups which was a decrease of 44, 13 juniors in 2 age groups which was an increase of 3 and 1 Adult in 1 age group which was a decrease of 5 over last year. A fee of \$10 per competitor is charged to defray the cost of the competition. Our net profit from this event was \$555.00.
- **GIJO “VAULT INTO SPRING” COMPETITION** was conducted on April 10, 2016 at Naperville Central High School. This year we expanded our second meet of the year to 3 full sessions of Girls. There were a total of 7 Gymnastic clubs competing. The girls had 174 competitors as well as 19 teams in 7 Age Groups and 10 Skill Levels. The numbers were down 3 from the last April meet. Each competitor is charged \$36 and Teams are charged \$15 to cover meet expenses.

Each Competitor received a “goodie-bag” consisting of: a T-shirt and a piece of candy wrapped in a rubber band. The Meet Director was Sis. Barb Kucera. Our net profit from this event was \$5,060.36.

- **SPECIAL NUMBER COMPETITION** was conducted on April 23, 2016 at Lyons Township North High School at a cost of \$1,040 for the facility. There were a total of 19 performances, of which 4 were exhibitions. The program itself was emceed by the District Directors. Trophy expenses were subsidized by entry fees of \$25 per competitive entry. Our net profit from this event was tentatively \$2,216.60.

The entire event was videoed and submitted to the World Sokol Federation as entries into their international Competition. As of the June, 2016 National Board of Instructors meeting we had not received any mentions of recognition, although our DVD was confirmed as received.

- **SPRING ARTISTIC COMPETITIONS** were conducted on separate weekends for the Male and Female Competitors. The Men conducted their meet on May 14, 2016 at Sokol Spirit for no charge. There were a total of 39 individuals competing All-Around, 2 individuals registered for individual apparatus, as well as 2 teams, of which 1 was a Tag Team registered in 9 different age groups and 6 different skill levels. The Meet Director was Bro. Bob Kucera. Our net profit from this event was \$522.00.

The Women conducted their meet on May 21, 2016. There were a total of 165 individuals competing All-Around, 9 individuals registered for individual apparatus, as well as 42 teams registered, of which 4 were Tag Teams in 10 different age groups and 5 different skill levels. The Meet Director was Sis. Kathy Barcal. Entry fees were \$15 for all around individuals and \$20 for all teams. There was a \$4 charge per individual apparatus for men and a \$6 charge per individual apparatus for women not performing as all around competitors. Our net profit from this event was \$1,547.24.

## **NON-COMPETITIVE EVENTS:**

- **A SKILLS and PROGRESSIONS CLINIC** was held from January 8 through January 10, 2016 at Sokol Tabor. There were a total of 38 gymnasts, including 11 boys and 27 girls from 6 different Units. The expenses for this event were partially defrayed by \$100 registration fee.
- **A SOKOL DAY picnic** was held on May 22, 2016 at Ehlert Park in Brookfield. Awards were presented for the May competitions and Calisthenics were performed on a marked field. The cost to the District was \$445.19. Thank you, Activities Committee for a nice year end party!

## **2016-2017 Goals**

- To work with the current Men's Board of Instructors to train and mentor the best possible candidate for Men's Director for the beginning of the 2017-2018 Season.
- Promote the American Sokol within the Central District area as a viable fitness alternative.
- Strategically align the Central District to be the leader in promoting nationally supported programs, both new and old.

## **2016-2017 Objectives and Plans**

- To make myself available throughout the year and during meets to mentor potential Director Candidates to take over.
- Continue our involvement with the Illinois Park District Gymnastics Competition (IPDGC) by hosting at least one meet per year and encourage more units to participate in these basic tumbling competitions.
- Expand our successful involvement with the Greater Illinois Junior Olympics/AAU program (GIJO) by finding a replacement coach for our current team, committing to hosting a second meet annually.
- Encourage all Central District Units to participate in and support all District sponsored events; including competitions, fund raisers, socials, etc.
- Continue to step forward and take the lead in hosting, promoting and supporting the National BOI whenever the need presents itself. Continuing the Xcel program into our Artistic Competitions in May.