

AMERICAN SOKOL - BOI
Minutes of December 8, 2010 Meeting

This meeting opened at 7:35 p.m. by Sis. Maryann Fiordelis held at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was said. The following BOI members were present: Maryann Fiordelis, Juanita LoGiudice, Allison Gerber, Chuck Kalat, Jan Kalat, Barb Kucera, Bob Kucera, Kandi Pajer, Tom Pajer, Howie Wise, Jane Wise, Kathy Barcal, Christina Wurst. Late arrivals: Mary Cushing and Barb Vondra.
Excused: Bev Domzalski

ANNOUNCEMENTS:

- Happy Birthday: Jerry Milan 12/9.

MINUTES:

- Minutes of the November 10, 2010, meeting were reviewed. Tom Pajer made motion to approve as submitted, Christina Wurst, seconded; minutes were approved.

BILLS:

- Lynette Gilbert: \$12.18 - Cost of 100 DVDs & envelopes 35 were used for burning 2011 American Sokol Special Number .

MOTION made by Sis. Barb Kucera to approve the bill submitted, seconded by Sis. Kathy Barcal and passed.

CORRESPONDENCE:

Mail:

- EllenJeanne Schnabl: Articles: Educational Director, Winter survival, Living Well, Antibacterial Soap, Washing Hands, Christmas Trivia, CD promo brochure, Cover Your Cough brochure
- Various American Sokol Unit Newsletters
- Sokol Times – Front page article about Sokol USA Participates in Development Conference
- Development Conference and School Board reimbursement checks printed and sent out by Jean
- COS Sokol Publication 10/2010
- Patti Komara: Packet of Specials on merchandise from various vendors
- Hodges Badge Co 10% Winter Sale 12/1/10 – 2/12/11 Code “W12100211W” www.hodgesbadge.com

Emails:

- Posted on BOI website www.american-sokol.org/boi/members
 - November 2010 Minutes
 - Updated Action List
- Directors Newsletter – -December issue.

OTHER OLD AND NEW BUSINESS:

WALKING CHALLENGE

- Sis. Juanita reported that Ceska Sin, Chicagoland, Detroit, Gtr Cleveland, KHB, Little Ferry, Spirit and Tabor had members participating in the challenge and sent in their log sheets. Over \$750 in pledge amounts were reported with Chuck & Jan Kalat/Sokol KHB bringing in over \$700 – what an excellent job. Audrey Benda/Sokol Little Ferry sent in her log sheet with minutes, miles and steps- she reported a total of 4175 minutes- Congratulations on her commitment. Sis. Kucera said Naperville Tyrs and Sis. Fiordelis said Detroit will be sending in their log sheets and any pledges. Thank you to all who participated. The Walking Challenge still can be completed at anytime for a 4-week challenge just change the dates, log your time and send in the log sheets. www.american-sokol.org/boi Sis. Christina Wurst will help create a certificate of achievement and decisions will be made to give Sokol items as other rewards.

NEW UNIFORMS

Sis. Maryann Fiordelis reported:

- The web site design for information with pictures and ordering is being completed. All pricing and sizing information will be included.
- New sample shorts w/correct logos have been received in the office and a Women's cut shorts.
- Webinar set up times will be on Thursday 12/9 -7pm and Friday 12/10 - 3pm CT.
- Unit Uniform Administration names have been submitted to the company but a change had to be made with the user name now being email address. Passwords will have to be changed when ordering first time because of the credit card option.
AmSokol: Cedar Rapids, Ceska Sin, Chicagoland, Dallas(Zizka), Detroit, Ft Worth, Greater Cleveland, Houston, KHB(Ennis), Milwaukee, MN, Naperville Tyrs, NY, Philadelphia, Stickney, Spirit, St Louis, Tabor & West
Sokol USA: Chicago Lodge 306, Central Jersey, Farrell, Monessen
- Extension of 1st order deadline to December 18th. Next deadlines March 1st & May 1st Turn around time (3 wks) except Dec order (4 wks)
- Sales tax for states MI, MN, IA, WI, and NE. Checking out percentage rates.
- Invoice will show shipping and tax after order is completed and ready to go.
- Jill Woolsey/Quality Resource Group Inc has been in contact w/unit admins on website status.

2011 NATIONAL INSTRUCTORS SCHOOL

- Sis Kathy Barcal stated that Sokol Spirit had a board meeting and decided to cancel Sunday Bingo effective 1/1/2011. Price for the school will not be changed.
- Sis Fiordelis said the school board will look into writing down tighter perimeters for the cost of rental space due to a high cost of gym rental for the 2011 national instructor school.
- Sis Kucera is looking for Sokol Spirit's help in trying to get sleeping cots donated from the National Guard.

Discussion continued about still having the 2011 Instructor School at Spirit due to a higher cost per square footage.

MOTION made by Bro Tom Pajer to hold the 2011 Instructor School at Sokol Spirit, seconded by Sis Schnabl and passed.

YOUTH MEMBERSHIP

Neither Sis. Maria Breidenbach nor Sis. Lori Laznovsky was present at this meeting.

- Sis. Kucera questioned if we are still using the passports and stickers. She didn't know if she needed to create stickers for some of her events. She asked what is happening with activities on the website and youth newsletters. Since youth membership is now handled by the National Membership Director, this item will be addressed at the next Executive Board meeting.

It was stated Youth membership registration information was sent out a couple of weeks ago by Sis. Breidenbach to the Unit Youth Ambassadors.

Better communication is needed between Sis. Breidenbach, Sis. Laznovsky and Sis. Fiordelis. Nothing has been reported to Bro Chuck for the Directors Newsletter.

2011 GOALS

- Sis Maryann Fiordelis sent out forms to District Directors and National BOI Assistants requesting that each establish two goals either covering areas of responsibilities (National), support National programs within their district or mentoring one person (District Directors). Deadline to be returned is 12/29/10.
- Bro Chuck Kalat mentioned that at convention it was stated that our Core Fitness Programs should be combined with Aerobics Program or updated with the current trend. We should create a DVD demonstrating what the program should be. Units should implement it and give a deadline for feedback.

- Bro Pajer said we should look into upgrading it. A small group needs to look it over and make it more attractive. There should be a push to implement it and then give monetary rewards to units who really move forward.
- Sis Schnabl suggested different levels should be developed for all ages.
- Smart goal – Bro Pajer suggested bringing the Program Team members back together, Candy Short, Flo, Marla and himself. Also have Bro Ron Jaros look over the fitness program, Bro Kalat the aerobics, Sis Christina Wurst the kick box, marital arts or any other cardio physical fitness. Bro Pajer suggested a rewriting of the program with possibly a Champion athlete as a leader. Looking at units to give help with ideas. Bro Pajer said we should devote some energy on nutrition and wellness. With someone important behind it, money could be received that could then be an incentive to pay a Champion.
- Sis Fiordelis would like to see the BOI raise \$3,000 a year. We should try to meet that amount or even top it off with a committed fundraiser. She said Sis Vondra has suggestions from her Probortunity plan but needs a leader to run with some of the ideas. Sis Fiordelis needs from the National BOI board some guidelines as to what is expected from her. Tom Pajer said in the late Spring time a National 5K will be held in an Arena. There are arrangements in the working. Greg Harris has a handle on it and in time will be looking for help. Not sure who will benefit from this event yet.
- Bro Kalat mentioned it will be hard to find additional time to run events instead of working on improving programs. Don't think we have the energy to continue to do it all.
- Bro Pajer said he will evaluate what is needed from the BOI in the next weeks. He is questioning whether the national BOI programs such as camp, course, skills, etc are really providing Units with what they need in order to make money and grow their membership or do we have to look into going one step more.
- Sis Wurst said we are spending too much time at meetings instead of being active in the gym.

2013 AMERICAN SOKOL SLET

Discussion on the type of event we want to hold. Slet Committee is waiting for us to make a decision so they can move forward.

- Sis Wurst said from a PR view it has to be decided how big this event should be.
- Bro Pajer said we started and we should continue to grow as an International Sports & Cultural Festival.

Discussion about the need for USA Gymnastics to be more integrated with us.

- Sis Wurst asked how can it work out when both groups run events at the same time.
- Bro Kalat said we didn't participate in their programs. If we want to give our people an option to choose what to do, we need a different event schedule.
- Sis Fiordelis said we need to open up our events to them also so they could choose.
- Bro Wise said since membership is required to participate (USAG & Sokol), we need to offer more social events like golf and bowling.
- Sis Schnabl suggested we should look into getting help from other groups in Milwaukee to get started.
- Sis Kucera stated we could invite Park Districts and other outsiders to participate.
- Sis Fiordelis wanted to know if we should open up our competitions.
- Bro Pajer said yes.
- Sis Gerber stated: What about our Parent membership requirement?
- Bro Kalat suggested having other things going on to bring them in the door.
- Sis Schnabl said having USAG competitors against Sokol competitors would cause problems.
- Bro Pajer said we shouldn't be setting up barriers; we should be finding solutions of how they may want to join us.
- Sis Fiordelis stated we need to place something in order to get something out of it.

- Bro Wise and Sis Wurst agree there is a definite need to promote to our own Sokol units participation in this event as well as outsiders.
- Sis Wurst said we may have to streamline what we want.
- Bro Kalat stated that the District Directors need to be present to help make decisions.
- Bro Pajer determined a special meeting should be set up for making any final decisions.

2011 WSF VIDEO SHOW

No one has seen any information.

- Sis Fiordelis did see a submission deadline of April 15th for 2011 numbers.
- Sis Kucera stated Central District Special Number Day is April 16th. She asked Sis Fiordelis to email WSF a request for a one week extension for the submission of American Sokol numbers. Any unit can submit a video to Sis Fiordelis of a taped special number for review.

2011 FITNESS CHALLENGE:

Discussion about a Fitness Challenge - support all or select one: AmSokol, COS, Sokol USA.

- AmSokol: standing broad jump, pull ups, jump rope
 - COS: standing broad jump pull ups, shuttle run
 - Sokol USA: pull ups, long jump, 400 meter run
- Bro Kalat was concerned about jump rope being hard for seniors.
 - Bro Wise stated the tournament rules are followed. Range for each age group.
 - Bro Benak emailed a request for an earlier deadline since his classes end in April.
 - Sis Wise said she will prepare all information to be sent out soon and the deadline for returning forms to her by March 1, 2011.

MOTION made by Bro Wise to support the AmSokol Fitness Challenge, seconded by Sis Schnabl and passed.

- Sis Wise is looking for guidelines on ordering achievement awards. It is difficult to estimate an amount. Each year a different participant pin is designed and medals are selected without a date.
- Sis Wurst suggested Sis Wise write up the information to be sent out by email and put in Directors Newsletter. Also a small burst of information should be listed in the gymnast section of the publication.
- Bro Kalat stated should have enough data to do placement awards and then won't matter about a deadline date as units can send in results when they have completed.

BOI ACTION LIST:

- Action list was reviewed; an updated copy is posted on the BOI members' web site.

OTHER:

- Sis Wurst sent an email out about the new website but she does not have everyone's email address. Bro Kalat questioned if the links on the main page will be returning. Sis Wurst said the transition is still being reviewed
- Sis Fiordelis is looking for a host for the 2011 District Directors Conference. Discussion on whether there should be a Development Conference with it.
- Next School bid deadline is February 2011
- Discussion about Leadership will be a topic for another meeting.
- The next regular ASO-BOI meeting on Wednesday, January 12, 2011, at 7:30 pm CT.
- There was no further business to discuss.

MOTION made to adjourn. Meeting adjourned at 9 p.m.

Respectfully submitted, Juanita Lo Giudice, Pro Temp BOI Secretary