

AMERICAN SOKOL - BOI
Minutes of March 10, 2010 Meeting

This meeting opened at 7:45 p.m. by Br. C. Kalat at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was given. The following BOI members were present: Bev Domzalski, Maryann Fiordelis, Brian Flaherty, Allison Gerber, Chuck Kalat, Jan Kalat, Barb Kucera, Bob Kucera, Juanita LoGiudice, Kandi Pajer (late), Tom Pajer, Donna Sbriglia, Barb Vondra (late), Howie Wise and Jane Wise. Excused: Paul Lebloch, Ted Polashek, Irena Polashek, Christina Wurst, Nancy Pajeau and Patti Vondra. A moment of silence was observed for Sis. Sylvia Laznovsky who served as the Southern District Women's Director for over 20 years.

ANNOUNCEMENTS:

- Happy Birthday: Allison, 3/11; Jan Kalat, 3/15.
- Belated Happy Birthday: Sokol 2/16/1862 and Sokol in America, 2/14/1865.
- Daylight Savings Time, 3/14; Happy St. Patrick' Day, 3/17; First Day of Spring 3/20; Jewish Passover, 3/30.

MINUTES:

- Minutes of the February 10, 2010, meeting were reviewed. One correction: Allison's grandson's name is Evan David Melton.

MOTION made by Bro. T. Pajer to approve the minutes of the February 10, 2010 American Sokol BOI meeting, with the one correction, American Sokol BOI meeting, seconded by Bro. B. Kucera and passed.

BILLS:

- Lynette Gilbert, purchase of software and hardware for creating DVDs for American Sokol, \$1,317.69.
 - Lynette Gilbert, supplies for promo DVD of Instructor School, Summer Camp and Traveling Camp, \$282.95.
 - Juanita LoGiudice, 425 padded envelopes for promo DVD mailing, \$89.71.
- MOTION made by Sis. B. Kucera to approve the bills, seconded by Sis M. Fiordelis and passed.

CORRESPONDENCE:

Mail Sent:

- Instructor School, July 11-15, 2010, Sokol Greater Cleveland paperwork to Unit, District and National American Sokol Directors; DA, Canada, Sokol USA National Directors and Sokol USA Lodge 306 Directors.
- Four Merit Award Applications, two to Central District applicants and two to Southern District applicants.
- Skills Participant Pins, 15 to Sally Bukovsky/Chicagoland, 21 to Kim Hajek/KHB, 80 to Allison Gerber/Cedar Rapids, gave 18 to Bob Kucera/Central District and 31 to Barb Kucera/Naperville Tyr.
- Promo DVD of National Instructor School, National Summer Camp and Traveling Camp to 341 youth, 12-17years and 56 Directors.

Mail Received:

- COS 2/2010 Sokol Magazine, Slet information, Sokol Sudoku.
- American Sokol Publication, February issue.

- Various American Sokol Unit newsletters.
- Sokol Washington DC Annual Volleyball Tournament www.sokolwashington.org, 3/13 in Bethesda, MD.
- Postcard: Sokol New York, Czech Slovak Egg Coloring from folk artist Marj NejdI of CSNM. Cedar Rapids IA 3/27.
- New Physical Director Sokol Little Ferry: Michael Romano, 17 Elizabeth Ct, Little Ferry NJ 07643.
- New Bridge Number, effective 2/26, 760-569-0800.
- Council of Higher Education: Scholarships available to individuals of Czech, Slovak and Ruthenian descent, renewals also available, April 1st deadline; pass on information, www.sms.scholarshipamerica.org/councilofhighereducation and www.cheonline.org.
- Sokol USA Times: New President, Joseph Bielecki. Large article about ASO National Instructors School at Sokol Greater Cleveland, 7/11-25/2010, article about WSF Fitness Tests and Special Number Competitions www.sokolusa.org.

E-mails sent:

- Updated Action List & Minutes Posted February, www.american-sokol.org/boi/members.
- District Director's Conference Meeting minutes posted.
- Correspondence Report for 3/10/10 meeting.
- L. Hruska, about reissuing a returned Winter Slet check.

E-mails received:

- Chuck Kalat, meeting Agenda & March Directors Newsletter.
- Bridge number changed to 760-569-0800, pin number the same.
- Roger, the ISCF photographer, had a power outage and lost many computer files of pictures. He may not get them back.
- Jean Hruby, Jr Women's Czech National Ice Hockey Team is arriving in Chicago on March 18, 2010, www.czechnationalteam.com.
- Will Kool, concerned about the District Directors minutes; responded.
- Jean Hruby, Convention information for BOI, Delegates and Alternate Delegates.
- Uniform designs and suggestions needed to keep on schedule with the set timeline.
- Mary Beth Dulock: new address for Sokol West Men's Director Dale Berger, 1515 N Davis, West TX 76691.
- Sokol Town of Lake: Jonathan Rus Men's Director, 3436 Arden Ave, Brookfield IL 60513.
- Sokol Washington DC: Olga Simakova Women's Director, no address yet, and Miroslav Honzak Men's Director, 711 Kennebec Ave, Takoma Park MD 20912.

YOUTH MEMBERSHIP:

- Reviewed the attached Youth Committee Status Report dated March 10, 2010, and Youth Membership Account Transactions.
- Bro. Kucera noted that there is 20% drop in youth membership from last year.
- Received a check from Sokol New York, but not names of youth members. Sis. Sbriglia will find out what happened. Discussion followed regarding the lateness of youth member registration from several units.
- Bro. C. Kalat announced the deadline is Monday, 3/15/10, for contest entries from youth who are eligible for instructor school and camp. This is easy money for entry into these events. Information is available at the Sokol Youth Yahoo! site and the Sokol Kids web page.

NEW UNIFORM PROJECT

- Sis. M. Fiordelis reported the committee is continuing to look at designs and color schemes. There will be some samples at the convention for the directors to look at and provide feedback. The design will be simpler.

2010 NATIONAL INSTRUCTORS SCHOOL

- Sis. Wise sent everything out. The logos for the shirt are being worked out.
- Sis. Wise needs to get in touch with Sis. M. Tooke about the credit card.

2010 NATIONAL SOKOL CAMP

- The camp staff held a face-to-face meeting. The entire week was planned and they now need to develop those activities. Sis. L. Laznovsky will be in town tomorrow and she will meet with Bro. Pajer for more discussions.
- Still promoting the deals and specials in order to get more youth to attend. Bro. Pajer encouraged all directors to push to get kids to come to camp. Central District put together an '80s night for juniors with camp and course materials available.
- There is a flyer in the Director's Newsletter about the savings. This is the 10th anniversary of the camp and will be something special.

OTHER OLD AND NEW BUSINESS:

ASO National Convention

- District Directors and BOI leadership met last week. For the upcoming four years, the National BOI is going to be operated with a slightly different structure. There will be only one National Director and there will be assistants on both the men's side and the women's side to assist the one Director. The BOI Leadership and the District Directors from all the districts except the Pacific District (no contact) unanimously approved this plan. Only one Director will be elected at the Convention.

- A packet with Bylaw changes referred to ASO BOI has been sent to those who are convention delegates for the BOI or for their unit. There were a number of items which were referred back to committees or groups for additional information or reconsideration from the bylaws committee. Several were referred back to the BOI. One item referred back to the BOI was the recommendation that the District BOI go to one director structure and to include that possibility in the bylaws; there is no reason for this to be the case in the Districts and Units. Another recommendation was that the Education Director or duly appointed representative be included in the BOI Annual Conference and their travel and expense be defrayed, which should come out of the education budget. The National Education Director is a member of the BOI according to the bylaws. After discussion, the BOI decided to send this recommendation to the Education Director so this item would come out of the education budget.

MOTION made by Sis. J. Kalat to send this recommendation back to the Bylaws Committee to send back to the Educational Committee to put the cost into the educational budget and that the National Education Director be present at the monthly BOI meetings, seconded by Sis. M. Fiordelis and passed.

- Discussed officer transition timeline. It was questioned when new officers take over. Typically, the executive board transitions the meeting after the convention. Both the old and new executive boards attend that meeting for transition. Historically, the Directors have continued in office through June because of activities going on.

MOTION made by Bro. T. Pajer that the new BOI officers should take over at the same time as the new executive board, which is expected to be the first month after the convention, but no later than July 1, seconded by Sis. B. Kucera and passed.

- Sis. B. Kucera noted that the new Director needs to appoint a Merit Award Committee prior to June 1. It would be up to the new Director to ask the current committee to retain their job without actually appointing a new committee.

Compatriot Festival – Prague, September 2010

- Festival is being held in Prague in early September. This festival is mostly for folk groups, i.e. dancers and singers, who are keeping the folk history and activities alive in whatever country they live in. The BOI does not usually pursue this type of activity. Bro. Kalat will contact units that are involved with folk arts and see if they are interested. Other than that, there will be no National BOI involvement.

MOTION made by Sis. J. Kalat that this issue has been discussed by the BOI and the National BOI will have no participation, but the information will be forwarded to units that do participate in these activities, seconded by Sis. B. Kucera and passed.

Camp/School Promotion Video and Mailing

- Thanks to Sis. Jane and Bro. Howie Wise, Bro. Kevin Fitzpatrick, Lori Laznovsky/Tom Pajer, and Lynette Gilbert who accomplished this task. Thanks to Sis. J. LoGiudice for mailing it out. Central District pitched these events at their '80s night by showing the video.

2010 WSF Fitness Testing Program

- Sis. J. Wise is hoping that those who are participating will meet the April 1st deadline. Sis. Wise will deliver most of the stuff at convention rather than mail. Sokol USA will subsidize use of the ASO administration of this program with \$2 per participant.

WSF Show Program

- Central District's Special Number Competition is after the deadline for submitting numbers. Bro. C. Kalat contacted the WSF Directors and they indicated they will gladly accept our entries up to April 25, 2010.

- Sokol Greater Cleveland indicated they may have some entries that they will send directly to Bro. Pajer to include on DVD.

Strategic Planning Committee Progress Report

- Sis. M. Fiordelis gave a brief summary of the SPTF teams.

- The Organizational Development Team continues to meet on a weekly basis to prepare for the convention.

- The Finance Committee is putting the final touches on their Resource Guide and is expected at any time.

- The Leadership Development Team is starting next Monday.

- The Communication and Marketing Team will also be starting soon.

- The SPTF will be making multiple presentations at the convention with the Implementation Team talking about its successes and programs and a progress report from the Organizational Development Team.

Other

- Sis. M. Fiordelis asked about any clarification on the Western District Instructor School. Sis. Gerber said the information went out to the Western District unit directors only and it is a district function. The Western District course begins June 20, 2010.

- Sis. L. Laznovsky sent out information on the Portugal Over-50 Gym Fest.

- September 18, 2010 is National Gymnastics Day.

Websites

- Sokol General Fitness exercises, www.american-sokol.org/boi/sokolfitness.

- Physical Activity Guidelines for Americans, www.health.gov/paguidelines/blog.

- Prevention: www.prevention.com.

- American Council on Exercise: www.acefitness.org.

- PE-NEWS: Newsletter: www.pelinks4u.org.
- PE4life: www.pe4life.org.
- The Presidents Challenge: Fitness is Fun Newsletter: www.presidentschallenge.org.
- Health & Fitness: www.exercise.about.com.
- President's Council on Physical Fitness and Sports: www.fitness.gov.
- Sign up for newsletters: www.talk.about.com
- Tiffin Mats: www.TiffinMats.com, monthly specials.
- Ten-o/GMR, www.ten-o.com or www.byGMR.com, monthly specials.
- DGS 9.9 www.gymsupply.com.
- Gymnastic Training tips: www.gymnasticstrainingtips.com. Links and Resources.
- American Alliance for Health, Physical Education, Recreation and Dance, www.aahperd.org.
- Information about Brain Fitness, www.brainconnection.com.
- Interesting games video article, www.skillastics.com.
- Improve fitness and nutrition habits, www.pejournal.com.

BOI ACTION LIST

- Action list was reviewed; an updated copy is posted on the BOI members' web site.

- The next regular ASO-BOI meeting will be held on Wednesday, May 12, 2010, at 7:30 p.m. The BOI will next meet at the convention on April 20-21, 2010.

There was no further business to discuss.

MOTION made to adjourn.
Meeting adjourned at 8:50 p.m.

Respectfully submitted,
Beverly R. Domzalski, Secretary