

AMERICAN SOKOL - BOI  
Minutes of June 8, 2011 Meeting

This meeting opened at 7:30 p.m. by Sis. M. Fiordelis at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was given. The following BOI members were present: Maryann Fiordelis, Barb Vondra, Bev Domzalski, Juanita LoGiudice, Allison Gerber, Chuck Kalat, Jan Kalat, Tom Pajer, Kandi Pajer, Jane Wise, Howie Wise, EllenJeanne Schnabl, Mary Cushing, Donna Sbriglia, Bob Kucera and Kevin Fitzpatrick. Excused: Christina Wurst, Kathy Barcal and Paul Lebloch.

ANNOUNCEMENTS:

- Happy Birthday: Kandi Pajer, 6/17, Howie Wise; 6/18; Maryann Fiordelis, 6/26; EllenJeanne Schnabl, 7/15.
- Happy Anniversary: Tom and Kandi Pajer, 7/19; EllenJeanne and Ed Schnabl, 7/21; Rome and Pauline, 7/27.

MINUTES:

- Minutes of the May 11, 2011, meeting were reviewed.
- MOTION made by Bro. T. Pajer to accept the May 11, 2011, ASO-BOI meeting minutes, seconded by Bro. B. Kucera and passed.

BILLS:

- Jane Wise, fitness challenge reimbursement, \$249.16.
  - Chuck Kalat, newsletter expenses, \$119.74.
  - Invoice for Black & White t-shirts, \$547.00.
- MOTION made by Sis. A. Gerber to approve payment of bills, seconded by Bro. B. Kucera and passed.

CORRESPONDENCE:

Mail:

- Various American Sokol Unit Newsletters and other organizations.
- Gymnastic Skills Ribbon/Pin Orders submitted and filled: Chicagoland, Naperville Tyrs, Tabor.

E-mail:

- Chuck Kalat, Director's Newsletter – June/July.
  - American Sokol Unit Growth Grant Program up to \$5,000 & Application Guidelines
  - Insurance issue for American Sokol Units
  - Resource List.
- Maryann Fiordelis: National Programs list.
- Patti Komara: <http://www.tumblebear.com>. Click "current newsletter."
- Distribute to Yahoo Group:
  - 2011 Monthly Minutes & Updated Action List posted on BOI website, [www.american-sokol.org/boi/members](http://www.american-sokol.org/boi/members).
- Lynette Gilbert, worked on putting 3 cals on DVD; copies should be ready on Friday.

OTHER OLD AND NEW BUSINESS

National Instructors School

- There are 38 students enrolled. There is not a large amount from Central District, even though it will be held in Central District. The breakdown is: Beginners, 20; Intermediate, 15; Advanced, 4; and Advanced II, 1.
- Staff will be meeting at Sokol Spirit during this upcoming weekend. Staff members are: Kandi Pajer, Kenny Fron, Todd Yatchyshyn, Kevin Fitzpatrick, Alex Wilt and Mary Cushing.
- Sis. M. Fiordelis will check to see if the units that are sending students have paid their unit dues. Sis. M. Fiordelis also asked Sis. Maria Breidenbach to see if these students are paid youth members.
- A suggestion was made to let the parents know that unit dues are not paid and may jeopardize their child's ability to attend. The parents may then put pressure on the unit to pay.
- Currently, no bid has been submitted for the 2012 National School. This item will be posted in the August Directors' Newsletter.

#### Directors Newsletter

- Expanded version is getting longer every month; last issue was 15 pages.
- The e-mail distribution list may be expanded.
- The cost of mailing 23 issues was \$60.00. The current plan is to cut that amount down; may charge a fee for mailing, especially if members have an e-mail address.
- At this point, the newsletter fund has run out. ASO now pays for the mailing.
- Next deadline date is July 20; for "Save the Date" announcements, please use half page, not full page.

#### 2012 Cal Instructors

- An ad was placed in the Directors' Newsletter. Elli Babka volunteered to teach Group II at the Development Conference.
- It was suggested that Paul Lebloch be asked to teach the men's cal.

#### 2011 Special Number

- Bro. T. Pajer will take all t-shirts to Cleveland. Detroit requested theirs in advance and Sis. Cushing will take them with her this weekend. Sokol Greater Cleveland should already have theirs.
- Discussed having extra t-shirts available in Cleveland. The t-shirts could be sold for \$15 each. MOTION made by Bro. T. Pajer to purchase \$150 to \$200 worth of stock t-shirts to take to Cleveland to sell, seconded by Sis. E. Schnabl and passed.

#### Sokolfest

- Sokol Baltimore requested information on regulation uniforms for competition in Cleveland; Sis. M. Fiordelis referred her to Chris Yatchyshyn. Sokol USA will allow flesh colored leggings or stockings under regulation leotards in order to keep senior women competing during Slet.

#### Camp Reunion

- Postcards were created to send out to past-campers and pass out at Sokolfest. There will be 250 postcards ordered.
- The cut-off number for amount of campers to make camp work will be 15 with deadline date of July 15. There will be 6 camp staff members.
- There is a National camp site on the National Sokol web site that can be used for camp announcements.
- The camp is open to Sokol and non-Sokol members 18 and older.

#### Walking Challenge

- There would be three levels: one would be a three day minimum at 30 minutes a day; next level would be five days at 30 minutes a day; and the 3<sup>rd</sup> level would be five days at 60 minutes a day. This would be done over any 4-week span; the last day of the challenge would be

November 26, 2011. The theme is “Sokol, 150 Years in Motion, Sound Mind and Body.”  
Everyone can try to get pledges/donations.

- Last year \$900 was made on this challenge.
- The challenge program will be distributed at the Sokolfest. It will also be distributed to the Directors’ Newsletter distribution list by July 1, 2011. An announcement will also be included in the Sokol publication.

#### National Programs

- Attached is a list of BOI National Programs for discussion.
- Discussed suggested requirements for a National Program: someone to coordinate the program; should be utilized more than once every four years at a Slet; supported by the BOI; run an annual event in each program; provide at least two articles for publication in the Gymnast section of ASO publication.
- Additional programs to be added to National BOI programs list: National Directors’ Newsletter; Traveling Camp; Development Conferences; new Development program; Show Program.
- Sis. M. Fiordelis will put this information together, create guidelines and list programs for further discussion. BOI was asked to come up with more programs to add to this list and to give recommendations of people who could coordinate the programs on behalf of the BOI.
- Discussion will continue regarding programs to eliminate once the requirements and coordinators are in place.

#### What are we doing wrong?

- Further discussion needed regarding e-mail dialogues that took place regarding article Sis. Fiordelis mentioned about adult gymnastic programs. Discussion is needed regarding what we can do better as far as marketing, get our name known, opening up programs to more than just Sokol people and how to grow this organization.
- It was suggested that a presentation be put together on this topic for discussion at the development conference in October. Also, discuss action items that need to be taken care of. Such discussion can also be part of the administrative conference.

#### Miscellaneous

- Units are requested to bring unit/district flags to Sokolfest.
- Sokol Cedar Rapids is looking into getting involved with the Boy Scouts of America for physical activity testing to earn merit badges.

#### BOI ACTION LIST

- Action list was reviewed; an updated copy is posted on the BOI members’ web site.
- The next regular ASO-BOI meeting will be held on Wednesday, August 10, 2011, at 7:30 p.m.

There was no further business to discuss. Meeting adjourned at 8:50 p.m.

Respectfully submitted,  
Beverly R. Domzalski, Secretary