

AMERICAN SOKOL - BOI  
Minutes of June 9, 2010 Meeting

This meeting opened at 7:30 p.m. by Sis. M. Fiordelis at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was led by Sis. Barb Vondra. The following BOI members were present: Mary Cushing, Bev Domzalski, Maryann Fiordelis, Allison Gerber, Chuck Kalat, Jan Kalat, Barb Kucera, Bob Kucera, Kandi Pajer, Tom Pajer, Barb Vondra, Howie Wise, Jane Wise, Paul Lebloch, Patti Vondra, Juanita LoGiudice and EllenJeanne Schnabl. Excused: Christina Curran-Wurst, Donna Sbriglia, Lori Laznovsky, Irena Polashek and Nancy Pajeau.

ANNOUNCEMENTS:

- Happy Birthday: John Bazata, 6/10; Sandy Benak, 6/11; Kandi Pajer, 6/17; Howie Wise, 6/18; Maryann Fiordelis, 6/26; EllenJeanne Schnabl, 7/15; Ed Schnabl, 8/3.
- Celebrate: Flag Day, 6/14; Father's Day, 6/20; Independence Day, 7/4 (~~7/5~~).

MINUTES:

- Minutes of the May 12, 2010, meeting were reviewed.

MOTION made by Bro. T. Pajer to approve the minutes of the May 12, 2010 American Sokol BOI meeting, seconded by Sis. B. Vondra and passed.

BILLS:

- Chuck Kalat, June 2010 Directors Newsletter expenses, \$67.08 (on credit card).
- Jane Wise, Instructor School Staff Meeting expenses (FSLF); meals/ \$125.38; staff transportation cost approximately/\$1200.
- Discussed the cost of staff transportation. The BOI budget runs through June so the mileage amount should remain at \$.20/mile. The December school staff meeting was a special meeting so the mileage was different. Convention travel was \$.20/mile.

MOTION made by Bro. C. Kalat that the mileage remain at \$.20/mile for the staff meeting, seconded by Bro. P. Lebloch and passed (1 opposed).

MOTION made by Bro. P. Lebloch to approve the bills submitted, seconded by Sis. B. Vondra and passed.

Income:

Sis. B. Kucera presented a check for \$750 from Central District for weekend camp that is going on this weekend. The staff will submit remuneration expenses after camp.

CORRESPONDENCE:

Mail:

- Jane Wise: Music CD for our Folk Dance Program.
- COS: 3 DVD set; 78 2010 Compositions submitted to WSF; forwarded a DVD set to Bro. Kalat, Sis B. Vondra, Sis. M. Fiordelis and Bro. H. Wise and Sis. J. Wise.
- POVAZSKA SOKOLSKA ZUPA M.R. Stefanika: Invitation, Manual, Schedule of III Sokol Sports Festival; Trencin Slovakia, June 24-27, 2010, [www.povazskazupa.estranky.sk](http://www.povazskazupa.estranky.sk)  
[www.sokolnaslovensku.sk](http://www.sokolnaslovensku.sk).
- COS: 4 & 5/2010 Sokol Magazines.
- American Sokol Publication, April/May issue.
- Various American Sokol Unit Newsletters.
- Central District Electronic Newsletter.

- Sokol USA Times: Ads for Instructor School and Sokol Camp, Article USA Gymnastics Participant Welfare Policy 6/09.

Emails:

- Convention Comments: Maryann Fiordelis

- Summer Programs & Camps

- At Sokol Tabor and Sokol West
- Central District Weekend Summer Camp

- USAG

- 2010 Region 5 Congress Sept 10-12, 2010 Itasca IL Chicago area
- Celebrate 2010 Olympic Day June 23<sup>rd</sup> [www.usa-gymnastics.org](http://www.usa-gymnastics.org). Member services
- TeamGym Nat'ls, Nat'l GymFest & Gymnastics for All Challenge June 25-27 Zionsville IN. Barb Vondra planning trip: anyone interested?
- National Gymnastics Day Sat Sept 18<sup>th</sup>
- September 2010 issue Parents magazine national advertising insert – gym club members can purchase.
- National Congress Trade Show Aug 11-14, 2010 Hartford Connecticut.

- WSF – review 21 compositions to select 7 best; Wed June 9<sup>th</sup> 6pm - Meeting for local BOI members at National Office.

YOUTH MEMBERSHIP:

- Reviewed the attached Youth Committee Final Status Report dated June 9, 2010, and Youth Membership Account Transactions.

- Bro. Kucera noted that on the BOI Youth Account Transactions the Instructors Course expense was \$850, not \$750; and the National Camp Expense was \$750, not \$850. Those numbers were accidentally reversed on the report.

- Sis. M. Fiordelis has requested that Sis. Maria Breidenbach, the new Youth Director, be a member of the BOI and submit written reports each month to the meeting. Bro. Kucera will be meeting with Sis. Breidenbach this weekend when she is in town for the Weekend Camp in Central District.

- Bro. Kucera reported that the only outstanding items from the Youth Committee would be to purchase the prizes for the May newsletter contests. Currently, about 90% of the Youth Committee materials are in the ASO office.

NEW UNIFORM PROJECT

- Uniform Project Status Report for ASO BOI June 2010 Meeting is attached.

- It was noted that the bid deadline is actually June 21, 2010.

OTHER OLD AND NEW BUSINESS

2010 National Instructors School

- Sis. J. Wise reported on the School status.

- There are 26 students enrolled; 16 beginners; 5 intermediate; 2 advanced and 3 advanced II. Represented are 12 units and 2 Sokol USA lodges: 3 Sokol Greater Cleveland; 3 Sokol Detroit; 2 Sokol West; 1 Sokol Ft. Worth; 1 Sokol Ennis; 1 Sokol New York; 3 Sokol Naperville-Tyrs; 5 Sokol Spirit; 1 Sokol Ceska Sin; 2 Sokol Tabor; 1 Sokol Chicagoland; 1 Sokol St. Louis; 1 Lodge 306; 1 Farrell Lodge. By comparison, there were 29 students last year.

- Sis. Mary Cushing is the School Director; staff members: Steve Wise; Kevin Fitzpatrick; Gretchen Obrovec; and Peter Lattanzio; Heidi Vencl is an assistant instructor, not a full fledged staff member. Sis. Jane Wise is the school secretary.

- Sis. M. Cushing reported on the staff meeting.
- The meeting was attended by Steve Wise, Kevin Fitzpatrick, Peter Lattanzio, Buddy Benak, Heidi Vencl and Gretchen Obrovec.
- The staff met on Friday night, most of Saturday and little bit on Sunday.
- Agenda: worked on guideline book; updated forms; reworked appendixes (found a lot of oversights in first book). Staff is still collaborating. This will all be put together on a CD in PDF format and can be electronically reproduced through the office. Sis. Cushing would have a word format document to make changes as needed. Plan is to present to school board at next meeting to review and approve.
- Got a big jump start on this year's course and are ahead of the game.
- Next school board meeting will be in October, 2010.

#### 2010 National Sokol Camp

- Sis. L. Laznovsky's 2010 National Sokol Camp Report is attached.
- Bro. T. Pajer attended the last camp meeting. Because ASO is in financial difficulties, BOI is making sure everything is financially sound. Camp has a lower number of campers than in the past.
- Discussed possibility of items needed to increase income and reduce expenses. Sis. Laznovsky will ask Sokol St. Louis if they would consider lowering their camp rental price due to the low number of campers. Sokol St. Louis will discuss this at their next meeting on June 24, 2010.
- Currently, there is a \$1,000 gap between income and expense. Bro. Kalat ran a new analysis and assuming 3 more register from Cleveland and 2 from NY and 1 from Lodge 12, if Sis. Laznovsky can talk Sokol St. Louis down to \$3,000 instead of \$5,000, we will break even. Also, Sis. Laznovsky needs to collect on one insufficient funds check. Sis. Kathy Barcal of Central District is working on collecting this money from that camper.
- The question was raised as to why there are six staff members for the small amount of campers. The ratio is 8:1, so it would be 3 staff members plus the director. Since the camp facility does not include food service in its fee structure, the staff has to include kitchen help to prepare food. Counselors do not get paid, but they are reimbursed for travel.
- The youth committee offered to commit to \$2,000 to make the camp break even; however, this money would actually come out of the general fund and this fund is low on money.
- Bro. Pajer talked to Sokol St. Louis people who will coordinate transportation to and from Union Station.
- Campers occasionally help with food preparation if the camp makes it an activity, i.e. putting together their own pizzas.
- Sis. M. Fiordelis requested that campers turn a camp activity into a fundraiser of some sort. MOTION made by Bro. P. Lebloch to move forward and continue with camp plans, seconded by Sis. B. Vondra and passed.
- It was suggested that Sis. M. Fiordelis talk to Sis. D. Sbriglia about the two possible campers from New York.

#### WSF Show Program

- Sis. B. Vondra reported the following 7 choices selected from the DVD received from WSF: #18 Red riding hood number; #33 Golf number; #42 Young steppers; #71 Not playing with a full deck; #41 Co-ed pirate number; #14 Fembots number; and #61 Partners in crime.
- Bro. Kalat will send our choices to Bro. Dostal.

#### Strategic Planning Committee Progress Report

- The Strategic Planning Committee Progress Report is attached.

#### BOI Development Conference, October 16-17, 2010 at Sokol Greater Cleveland

- The Holiday Inn in Independence, OH is reserved. Sokol USA is using this hotel for their headquarters during Slet 2011. There were 42 rooms reserved at \$85/night; State taxes were waived using Sokol Greater Cleveland's Tax I.D. number. There will be a hot breakfast buffet; four people to a room; one free hospitality room for Friday and Saturday. Everyone will make their own individual room reservations under American Sokol block. Hotel has free airport transportation.
- Sokol USA will be there for their Supreme Lodge meeting and, hopefully, their people will be coming to our conference.
- Sokol Greater Cleveland has 3-4 teaching areas that could be used and will be able to work out whatever is needed.
- Sokol Greater Cleveland asked Sokol USA if they want to hold their Supreme Lodge meeting at Sokol Greater Cleveland so they would be present for our activities. Milan and Chris will check with the Supreme Lodge.
- Requests went out for session ideas and presenters. Please send information to Sis. Fiordelis.
- The Leadership Development Team will have a kick-off presentation. Sokol USA will do some site visits during the weekend.
- Goody bags will be provided with some promotional items; there should be no cost involved.
- Sokol USA might have information about Slet to include in bags.
- Sokol USA should have Slet manuals available that weekend.
- Fees for Conference are \$55 for individuals; \$180 for unlimited participants from a unit; early bird special of \$45 and \$155 before September 15, 2010. Presenters usually do not have to pay a registration fee.
- Conference has been advertised in the Directors Newsletter.

#### Educational Director

- Sis. E. Schnabl asked what is expected of her from the BOI.
- Bro. Pajer and Sis. Fiordelis are looking at some action list items that should be taken over by Education and will provide those items to Sis. E. Schnabl when determined what they are.

#### BOI Board 2010-2011

- The following is the BOI staff for the 2010-2011 year:
- Allison Gerber, 1<sup>st</sup> Assistant Women (female gymnastics, lower level routines)
- Jan Kalat, 2<sup>nd</sup> Assistant Women (action list, Senior II skills)
- Bob Kucera, 1<sup>st</sup> Assistant Men (tournament rules)
- Chuck Kalat, 2<sup>nd</sup> Assistant Men (Directors Newsletter editor, budget tracking)
- Barb Vondra (fundraising, probortunities)
- Tom Pajer (website, yahoo groups, special number, etc.)
- All District Directors
- Jane Wise (statistician/attendance)
- Howie Wise (fitness challenge)
- Kandi Pajer (Gymnast editor)
- Maria Breidenbach (Youth liaison)
- Kevin Fitzpatrick (traveling camp, potential cal author 2013)
- Paul Lebloch (WSF/COS liaison)
- Jerry Milan (USAG representative)
- Bev Domzalski (BOI secretary)
- Juanita LoGiudice (office secretary)
- Christina Curran-Wurst (PR, cal author 2013)
- EllenJeanne Schnabl (educational director)

School Board: Mary Cushing (School Board Director), Kandi Pajer, Jane Wise, Buddy Benak, Bob Kucera and Todd Yatchyshyn.

- Sis. Fiordelis will send a letter to entire staff expecting them to be present at all monthly meetings and assignments will be given to everyone.
- Sis. Fiordelis' goal is to have a good mix of experience vs. youth. Sent e-mails to younger members to join. So far, four were unable to accept.
- Sis. B. Kucera announced Kathy Barcal will be new Central District Women's Director; Bob Kucera will remain as Central District Men's Director.

#### Attendance

- Sis. Fiordelis sent out notices indicating attendance information is due 8/1/10.
- Action list item is looking at different ways of requesting attendance; however, there is no new database program in use at this time.
- Bro. Pajer questioned whether attendance should be made the responsibility of the membership committee; possibly a committee created between membership and BOI.

#### Merit Awards

- Sis. B. Kucera reported that there were 6 requests for applications; 4 were completed; and all 4 were approved as applicants and awardees and qualify. The Merit Award Committee is looking for approval to present the recommendations to the Executive Board. Recommendations were read and will not be printed until approved by the Executive Board and awardees are notified. They will be notified after they are ratified next week.

MOTION made by Bro. Pajer to approve the Merit Award recommendations, seconded by Bro. P. Lebloch and passed.

- Merit Award Committee reviewed everything this year. The paperwork will be turned over in late August, early September, 2010 to the Education Committee. No new applications were received after convention.

#### National Walking Program

- Sis. J. LoGiudice researched a lot of organizations that have National walking programs and researched the President's Challenge program. The programs that offer awards are a little more expensive. We could look into partnering with CSA.

- In order to partner with a shoe company to cover cost of awards might require doing a grant proposal for such.

- A walking program would be valuable for Sokol. Sis. Vondra will work with Sis. Juanita to put a program together that can be launched at the start of classes in September.

#### Probortunity-Fundraising

- Sis. Vondra would like to initiate a fundraiser selling calendars.

- In 2012 motto of Prague Slet is "150 Years of Movement." We should use this to capitalize on a tournament.

- Sis. B. Kucera explained GIJO fundraiser Central District in Illinois is involved in. The last GIJO meet Central District hosted made a profit of about \$4,000 for a one-day meet. On November 21-22, 2010, Central District is interested in holding a two-day meet as a partial fundraiser for ASO.

- In the next month or two, Sis. Vondra will put together other programs to discuss further.

#### 2013 Calisthenics Authors and Routines

- Central District has a cal written for children by Sis. E. Babka. The cal needs to be learned and videoed.

- Bro. Kalat suggested we decide whether we want to invite certain people to write cals or solicit anyone interested.

- Central District will begin planning six months from now. This is not too early. Cals need to be ready one year from now in order to test them.

#### Acrobat Rock 'N' Roll Program

- Jan Haupt is coming in from the Czech Republic to work this program. Sis. J. Hruby would like this to be a National BOI Program for Sokol.

- Sokol Tabor received a grant to support this program and is in the process of still trying to sort it out.

- In order to answer questions about this program, we would need to have Jan Haupt present to question. Currently, Sis. J. Hruby is organizing this program. The BOI needs to talk to her first to get more information.

#### Miscellaneous

- Central District BOI has decided they will not hold a 2011 Traveling Camp. The camp may be dormant for a year unless someone else picks it up.

- Bro. Kalat submitted report from the newsletter publication and would like a \$200 advance. MOTION made by Bro. P. Lebloch to advance \$200 to Bro. Kalat for publication costs of the Directors Newsletter, seconded by Sis. B. Vondra and passed.

- Fitness award status on pins is that they were shipped out yesterday and should be received tomorrow. The pins will be sent out upon receipt.

- Sis. Fiordelis requested Bro. Lebloch to ask at WSF meeting if there is a video for Slet numbers so we can arrange a cal clinic. On December 12, 2010, the WSF is having a premier of all cal compositions and exhibitions. Bro. Lebloch will request a DVD of that performance.

- Sis. Fiordelis is not planning on attending the USAG Coach's Congress this year.

- Sis. B. Vondra will talk to Sis. J. Hruby to clarify her request for monthly financial reports being provided to her for Instructors Course.

#### Monthly Updated Websites

- [www.pe4life.org](http://www.pe4life.org)

- [www.letsmove.gov](http://www.letsmove.gov), 1st Lady Michelle Obama, "White House Task Force on Childhood Obesity Report to the President;" 120-page document; copy in office.

- [www.prevention.com](http://www.prevention.com)

- [www.health.gov/paguidelines/blog](http://www.health.gov/paguidelines/blog), blog posts; Monday News & Reports; Wednesday Monthly theme.

- [www.skillastics.com](http://www.skillastics.com)

- [www.presidentschallenge.org](http://www.presidentschallenge.org), click on a group; bottom "news/research" newsletter.

- [www.prevention.com](http://www.prevention.com)

- [www.pelinks4u.org](http://www.pelinks4u.org)

#### BOI ACTION LIST

- Action list was reviewed; an updated copy is posted on the BOI members' web site.

- The next regular ASO-BOI meeting will be held on Wednesday, August 11, 2010, at 7:30 p.m.

There was no further business to discuss.

MOTION made to adjourn. Meeting adjourned at 9:45 p.m.

Respectfully submitted,

Beverly R. Domzalski, Secretary