

AMERICAN SOKOL - BOI
Minutes of August 11, 2010 Meeting

This meeting opened at 7:40 p.m. by Sis. M. Fiordelis at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was said. The following BOI members were present: Maryann Fiordelis, Juanita LoGiudice, Bev Domzalski, Allison Gerber, Chuck Kalat, Jan Kalat, Barb Kucera, Bob Kucera, Kandi Pajer, Tom Pajer, Barb Vondra, Howie Wise, Jane Wise, Paul Lebloch, Lori Laznovsky, Mary Cushing and Donna Sbriglia. Excused: Rome Milan and Jerry Milan.

ANNOUNCEMENTS:

- Congratulations! Rome and Pauline Milan, married 7/27/10 in the castle walls of Novigrad, Croatia.
- Happy Anniversary: Maryann and Carl Fiordelis, 8/9; Christina and Tom Wurst, 8/17; Jan and Chuck Kalat, 8/26; and Bob and Barb Kucera, 8/26.

MINUTES:

- Minutes of the June 9, 2010, meeting were reviewed.
- MOTION made by Bro. T. Pajer to approve the minutes of the June 9, 2010 American Sokol BOI meeting, seconded by Bro. B. Kucera and passed.

BILLS:

- Chuck Kalat, online survey monkey service for Core Fitness Program and Instructor Development Guidelines Handbook, \$79.80.
 - Lynette Gilbert, production and mailing two DVDs to COS for WSF Special Number Composition Competition.
- MOTION made by Bro. T. Pajer to approve the bills submitted, seconded by Bro. B. Kucera and passed.

CORRESPONDENCE:

Mail:

- Barb Kucera: Sokol Spirit School Bid Application and DVD, July 10th-24th, 2011.
- Jane Wise: \$300 check for 20 soft-covered Gymnastics Manuals needed for 2010 National Instructor School.
- COS-WSF: 6 Laminated Diploma Certificates, 2010 WSF Fitness Challenge; 663 participants; forwarded to 1st place - Kandi Pajer, Spirit; tied for 3rd place - Julie Meyer & Kourtney Shultz, Greater Cleveland; tied for 10th place - Angela Kent, So Omaha; and Julia Pinizzotto and Mei Saurette, Greater Cleveland. Two laminated Award Certificates, 2010 WSF Composition Competition; 67 performances. Forwarded to Sokol Tabor - "Partners in Crime" for original idea with use of apparatus; and Sokol Stickney - "Not dealing with a Full Deck" for original idea with the use of hand implement.
- EllenJeanne Schnabl: Educational, Booklets, Inc. "Sport Injuries"& Articles inc "Summer First Aid."
- COS: 6-7/2010 Sokol Magazine.
- American Sokol Publication June Issue.
- Various American Sokol Unit Newsletters.
- Sokol USA Times: Invitation to Follow the Falcon - Sokolfest XXVI Independence OH, June 29-July 2; www.sokolusa.org Sokol Times page 8.

- Slovak Catholic Falcon: At Kurz Preparation for 45th In't Slet in PA July 2011 - Learning Drills important part of the course.
- Hodges Badge Co: new Gymnastics, Cheer & Dance award catalog, lower prices.
Reminder: It is time to place order for Gymnastics Ribbons; place order with Key Code N20100000A.

Emails:

- Posted on our website BOI June and Convention Minutes and Action List.
- Directors Newsletter - August issue.
- Summer Camps:
 - Central District Weekend Camp at Sokol Tabor, www.youtube.com/watch?v=fFCfz9Rqwyk, http://lookatthestars.smugmug.com/Sokol-Albums/Sokol-Traveling-Camp-Albums/TravelingCamp2010/12560582_axFpq#90145444_mEeni
 - National Camp, St. Louis MO, Aug 2-7, www.sokolnationalcamp.org; click National Camp Live to watch videos.
- USA Gymnastics: www.usa-gymnastics.org
 - National Congress Trade Show Aug 11-14, 2010 Hartford Connecticut - Rome in attendance.
 - 2010 Visa Championships Live Aug 12-13 on Universal Sports 7pm ET & Aug 14th NBC Sports 8pm ET; Broadcast Aug 15th 2:30pm ET www.usagym.org/visa www.universalsports.com .
 - 2010 Region 5 Congress Sept 10-12, 2010 Itasca IL Chicago area online registration
 - National Gymnastics Day, Sat Sept 18th
 - September 2010 issue Parents magazine national advertising insert – gym club members can purchase.
 - www.USACOACHING.org Reports & Resource Information available.
- Gymnastics Educational Workshop www.GymnasticsEducationalWorkshop.com, Aug 29th Oak Lawn IL & Others affordable \$59 each 1-5 attendees or discounts with more.
1 day workshop for class instructors: Rec, Beginner, Preschool
Lynn Moskovitz is one of the team leaders; Lori & Barb V know her.
Can we invite someone for a session at the next Development Conference??
- Patti Komara, www.tumblebear.com, 3 New products, 1-hr DVD's #166,167,168; click 2010 Congress Special.

YOUTH MEMBERSHIP:

- Sis. Maria Breidenbach was not available at this meeting. No report was submitted. Sis. M. Fiordelis did ask Sis. Breidenbach to be available for the ASO BOI meetings. Sis. L. Laznovsky will contact Sis. Breidenbach to let her know again what is expected of her.
- A request was made that announcements continue as to when their newsletters go out.
- Sis. Breidenbach should also be sending articles to the Directors Newsletter.

NEW UNIFORM PROJECT STATUS

- There was a meeting on August 10, 2010, with the vendor, Quality Resource Group, Inc.
- We are working through some issues, such as the ordering system and getting shorts for men and women with pockets.
- Nine bids went out, only two responded.
- Information will be available at the Directors Conference about new uniforms in the future.
- One of our main goals is to not have to pay for inventory.

- Vendors do not want to do individual orders; orders must be a dozen or more at one time before they will produce a garment.
- Will need key person in each unit to do their ordering.

OTHER OLD AND NEW BUSINESS

2010 National Instructors School

- A final report will be going out the units that had participating students.
- There were 30 students; Sokol Greater Cleveland was the host. Students were from two Sokol USA lodges, DA Sokol and American Sokol had two units from Northeastern District with 7 students, three units from Southern District with 4 students, six units from Central District with 13 students, one unit from Eastern District with 2 students and no students from Western nor Pacific Districts. There were 20 beginners, 5 intermediate, 2 advanced and 3 advanced II.
- School was understaffed, but the staff was outstanding and helped where needed. Many Sokol Greater Cleveland members stepped up to help out.
- Sis. Cushing gave a brief summary of activities.

2010 National Sokol Camp

- Sis. L. Laznovsky gave a brief summary of the activities at the 2010 National Sokol Camp.
- Camp ended this past Sunday.
- There were 26 campers; 5 campers were 6-year attendees and this is their final year to attend; age-wise there are 10 that will be unable to return next year. There were 7 staff members.

WSF Show American Sokol Winners

- Sis. Juanita LoGiudice read the winners and will send the certificates to those recipients.
- The WSF Special Number Competition recognized the following ASO numbers: Sokol Stickney won with "Not Dealing With a Full Deck;" and Sokol Tabor won with "Partners in Crime."

Strategic Planning Committee Progress Report

- The leadership development team is trying to find more team members.
- The Organizational Development Team is having a meeting with the Board of Governors next week.
- The Communication and Marketing Team held their first meeting; the members of this team are those that met at the convention.

Director's Newsletter

- The Director's Newsletter Report for August, 2010, is attached.

BOI Development Workshop, October 16-17, 2010 at Sokol Greater Cleveland

- Topics for the workshop were listed in the Director's Newsletter.
- Sis. M. Fiordelis is looking for presenters for these topics. There are three tracks, an active track a training track and a cal track.
- There was a request for items for the goody bags if anyone is able to get something; also need raffle items.
- Discussion continued about presenters for the sessions at the Director's Workshop.

Educational Director

- Sis. E. Schnabl provided a written report which is attached.

Attendance

- Sis. Fiordelis requested attendance from the Eastern District and noted that the Western District will be providing theirs later this month.

2011 Bid for Instructor's School

The School Board met by teleconference and discussed the only bid received from Central District hosted by Sokol Spirit, for July 10-24, 2011.

- Entire school board was in attendance. A motion was made and passed to accept this bid with a negotiating team put in place (made up of Mary Cushing, two school board members - Jane Wise and Bob Kucera, and Kathy Barcal of Sokol Spirit) to do some negotiating on some things that need to be addressed with Sokol Spirit and Central District. The final decision will be made at the school board meeting in October preceding the Director's Development Workshop in Cleveland.

- Sis. Laznovsky requested that course dates and camp dates be discussed together. Sokol USA Slet ends on July 2 (6/29-7/2). The BOI needs to accept the bid yet, so dates are not set at this time. Sis. Cushing and Sis. Laznovsky will talk further.

- Sis. Cushing requested a copy of the written report of the Western District school. Sis. Gerber has requested a written report and will remind Bro. Benak.

2013 Calisthenic Authors Update

- The BOI leadership team met and discussed potential cal offerings for various classes.

- Various calisthenic authors accepted the challenge to create cal: Tots cal, Gretchen Obrovac; Juniors, Kevin Fitzpatrick; Adults, Pat Satek and Tom Pajer; Senior Co-ed, Doris Marks, Special Number Christina Wurst and Tom Pajer. Girls and Boys cal request was sent out and Sis. Fiordelis is still negotiating. No final answer yet. There is a potential cal written by Ellie Babka that may be considered. It was suggested that Patti Vondra and Rich Vachata from Sokol Stickney be asked also to prepare a cal. For folk dance, Dolly Baca was sent an e-mail and Sis. Fiordelis is waiting to hear back from her.

BOI Leadership Development Team Update

- This team evolved from the convention. \$3,000, which is half of the merit award funds are being put towards leadership development. This team met and will request a meeting with the Strategic Planning Leadership Development Team to present their ideas.

- Will have a session and conference in October at the Director's Development Workshop.

Nutrition and Wellness Team

- Bro. Pajer held one meeting and brainstormed different ideas about nutrition and wellness. Sis. Fiordelis and Bro. Pajer put together goals and objectives which were given to the group. No feedback has been received yet. The team needs to meet again to discuss.

Proportunity - Walking Program

- Sis. B. Vondra and Sis. J. LoGiudice revamped the previous American Sokol walking challenge, looking at ideas from Michelle Obama's Let's Move campaign.

- The goal is to walk for fun and log as many miles as you can.

- Currently, trying to work out a time frame for this program.

- Many suggestions were given and many different ideas were passed around during this meeting.

Miscellaneous

- Sis. B. Vondra, Sis. J. LoGiudice and Sis. P. Vondra went to Indianapolis to the USA Gymnastics Gymfest event. They arrived for the opening ceremonies and special number competitions. The Gymfest was the next day. All were amazed at the event. Sis. B. Vondra feels it is doable for American Sokol.

- Sis. B. Vondra suggested that when USA Gymnastics is taking bids again, we need to find a place to hold the event and put our bid in. USA Gymnastics took care of the entire event set-up.

- Sis. Laznovsky thinks bids will probably be taken in December or January; however, next year World Gymnaestrada will be going on and she does not think there will be a GymFest, but there would definitely be a team gym competition. Sis. Laznovsky will bring it up to USA Gymnastics that there is a definite interest from Sokol to host this event.

- Sis. Laznovsky suggested that this be held at the same time as Central District Special Number Competition in April, 2011.
- Sis. B. Kucera stated that no definite date has been set to hold a November GIJO meet.
- Bro. P. Lebloch attended the WSF convention and gave the following report:
For the fitness test, they approve of pull-ups for males and young girls, but not for junior girls or women. They agree the present agility test should be replaced. They have reservations on rope jumping, because if someone is not used to jumping, it could be damaging. They will submit a recommendation to Charles University Physical Education and Sports faculty for evaluation and to all member organizations.
- Bro. Lebloch met with two directors who told him that on December 12, 2010, a Slet exhibition will be held to showcase calisthenics; DVDs will be sent to all member organizations.
- During the Slet, special numbers will be performed throughout the city. Bro. Lebloch suggested we perform special number that will be used for the Sokol USA Slet in Cleveland, OH and maybe it can be performed in the Tyrs courtyard. There will be a cal clinic after the Sokol USA Slet in Cleveland, OH. Discussed affordable housing for younger participants and it was noted housing in school classrooms may be provided. Bro. Lebloch had an opportunity to view the men's cal.
- Bro. Lebloch reported that the Trencin Slet went off beautifully.

BOI ACTION LIST

- Action list was reviewed; an updated copy is posted on the BOI members' web site.
- The next regular ASO-BOI meeting will be held on Wednesday, September 8, 2010, at 7:30 p.m.

There was no further business to discuss.

MOTION made to adjourn. Meeting adjourned at 9:45 p.m.

Respectfully submitted,
Beverly R. Domzalski, Secretary