

AMERICAN SOKOL - BOI
Minutes of September 11, 2013 Meeting

This meeting opened at 7:30 p.m. by Sis. M. Fiordelis at the American Sokol Office in Brookfield, Illinois and via teleconference. The Pledge of Allegiance was led by Sis. M Cushing. The following BOI members were present: Maryann Fiordelis, Juanita LoGiudice, Bev Domzalski, Allison Gerber, Jane Wise, Howie Wise, Chuck Kalat, Jan Kalat, Bob Kucera, Joe Kucera, EllenJeanne Schnabl, Todd Yatchyshyn, Donna Sbriglia, Barb Vondra, Mary Cushing, Paul Lebloch, Nadia Leary, Deb Allison and Tom Pajer. Excused: Kathy Barcal, Kandi Pajer and Matt Carlozzi.

MINUTES:

- Minutes of the August 14, 2013, meeting were reviewed.

MOTION made by Bro. B. Kucera to accept the August 14, 2013, ASO-BOI meeting minutes, seconded by Bro. J. Kucera and passed.

BILLS:

- Hodges Badge Company, two rolls of 2013-14 Gymnastics Skills Ribbons, \$128.55 (credit card order).

MOTION made by Sis. M. Cushing to pay the bill, seconded by Bro. J. Kucera and passed.

CORRESPONDENCE:

- See attached Correspondence Report dated September 11, 2013.

OTHER OLD AND NEW BUSINESS

2013-14 Board Members

- New BOI members are Deb Allison and Matt Carlozzi.

- School Board members are Mary Cushing (chairman), Jane Wise, Kandi Pajer, Kenny Fron, Jr., Jan Kalat, Maryann Fiordelis (BOI Director), Todd Yatchyshyn (Sokol USA rep) and James Finn (DA Sokol rep). Lost Bob Kucera and Gretchen Obrovac as school board members.

- Always looking for new members. Let Sis. Fiordelis know if anyone is interested.

National Gymnastics Day

- Sokol Tabor is holding an open house on National Gymnastics Day in their parking lot with activities and food.

- Charity of Sokol USA applied for a USA Gymnastics grant for her lodge.

DD Meeting

- The ASO Executive Board approved the budget for the DD Meeting. There were some concerns about using convention funding. The Executive Board will handle the funding issue at the next Executive Board meeting. Sis. Fiordelis explained the outlined budget that was submitted to the Executive Board.

- The Clubhouse Inn in Westmont, IL has been secured for the DD Meeting. Breakfast is included. The rooms have refrigerators and microwaves. The rooms are \$71.00/night. The meeting room is \$100 on Friday, we are at the Central District office on Saturday with no charge and back at the hotel on Sunday morning with no charge.

- On November 22, 2013, the school board will meet in the morning. The Directors will meet in the afternoon of November 22, at 2:00 p.m., all day Saturday, November 23, and Sunday,

November 24, 2013 in the morning. This is the weekend before Thanksgiving; recommended getting flight tickets as soon as possible.

- All information will be distributed via e-mail.
- Annual Reports are due from those responsible.

Skills Update

- The male side has no changes and is good to go.
- The female skills are ready and were sent to Sis. Fiordelis and Sis. LoGiudice for posting. Skills for Levels 1 and up have been updated, but Masters and Novice are the same as last year.
- Bro. B. Kucera and Sis. Gerber will send something about the skills to Bro. Kalat to put in the Directors Newsletter.

2013 Sports Festival

- Discussion continued from last ASO BOI meeting.
 - Opening Ceremony (indoor/outdoor). There was no official announcement statement saying the Slet was "open." This was an oversight that was meant to be said at the end. It was a good thing it was indoors because the small numbers may have been lost on a large outdoor field. There was not enough support at the events. It was expected that the opening ceremony should have been more of a party-type atmosphere. The price may have been a reason for no-shows. The weather change may have affected the attendance. The Czech and Slovak anthems were eliminated from the opening ceremony, but chose to do them at the closing ceremony.
 - 5K Run. Also, affected by the weather and the move of the opening ceremonies. There was a low turnout of 15 runners.
 - Fitness Challenge. It was suggested to have this event run as an open event where anyone can come at any time; rather than being based on points and achievement, have it based on merit. Possibly make it a fun event instead of a competition. A family fitness event would be a good idea.
 - Rhythmics. There were equipment issues and a minor injury on the spring floor. The event dragged a little. The numbers were low and they seem to get lower every year. Rhythmics is practiced in Central District and there is rhythmic skills testing and competition.
 - Volleyball. The numbers were down. No outside groups. Teams were reduced due to cost. Facility was good. The lunch break was unnecessary; players would have preferred to continue play. The serving contest was also an unnecessary disruption before the finals. On the women's side, changing gyms was hard to get used to. It was discussed as to whether Co-ed teams were necessary.
 - Team Cal and Team Marching. There were some music issues. Some marched to non-marching music. In total, there were 7 numbers from 4 units. There was a problem differentiating a cal from a marching number.
 - Gymnastic Equipment. A venue with equipment already set-up would be a better choice for the size of competitors at the Slet.
 - Male and Female Gymnastics. Too many medals were distributed. Registration fees were too high. With so many awards, awards distribution took too long.
 - Tabulation. There were problems with standardized programs because of age cross-overs (10-12/12-14 needs to be 10-11/12-14 or 10-12/13-14); birthdates had to be changed in order to accommodate the program. Awards preparation room need to be closer to tabulators. Definitely needed separate printer. Flashing scores was not worth the money

spent; not everyone knew what it was; some scores came up way after the fact; should have been by event it was flashing.

- Awards. Awards worked out well. Did run out of awards; however, many ribbons were left over. Some individual awards were not given out; some ribbons were missing. Medals checked out fine. Pieces were missing from trophies. There should have been an inventory taken at the beginning.

Four Year Plan

- A four-year plan is a type of business plan broken into strategies, objectives, action steps, timeline and money to fund.
- Discussion followed regarding a cross-fit franchise that is up and coming among workout groups.
- Sis. Fiordelis assigned the group with the task of sending ideas to Sis. Fiordelis on how to build a better fitness plan for American Sokol. The ideas are due by October 1, 2013. Bro. Pajer will give his input from a strategic point of view. Also, need to concentrate on what the next Sports Festival should look like.

Anything Else

- Sis. LoGiudice will let units know that there are Patti Komara tapes available if anyone is interested.
- There is a wheels weekend coming up in Chicago, October 11-13, 2013. Sis. LoGiudice will send out announcements. They are also looking for volunteers.
- International Gymnastic Camp in Pennsylvania has a gymnastics-related activity book available. If anyone is interested in copies for their children's classes, send an e-mail to Yatchyshyn@aol.com; they are free.

BOI ACTION LIST

- Action list was reviewed; an updated copy is posted on the BOI members' web site.
- The next regular ASO-BOI meeting will be held on Wednesday, October 9, 2013, at 7:30 p.m.

There was no further business to discuss. Meeting adjourned at 9:10 p.m.

Respectfully submitted,
Beverly R. Domzalski, Secretary