



A current history of Sokol in America including a list of active and past units in the USA. Robert Tomanek, a lifelong Sokol, has compiled an accurate history based on historical documents from many sources. A must have for every Sokol member and supporter. You will be proud of the history of the Czech immigrants that expanded the Sokol idea of physical fitness in the USA since 1865.

Today we continue to bring these principles of A Sound Mind in a Sound Body as a worthy Goal.

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